



828-386-6050

http://www.boonedelivers.com

# The Rock Sports Bar & Grill LL

## APPETIZERS

- FULL LOADED NACHOS** \$10.25  
*Chips topped with House made Chili, our signature homemade Beer Cheese, lettuce, Pico De Gallo, Jalapenos, served with Sour Cream & Salsa.*
- MOZZARELLA STICKS** \$6.95  
*Six fried mozzarella sticks served with homemade meat marinara sauce.*
- SPINACH & ARTICHOKE DIP** \$7.95  
*This homemade dip topped with Parmesan cheese and a pinch of pico de gallo. Served with warm tortilla chips & a side of salsa.*
- FORK FRIES** \$7.25  
*French fries smothered with homemade beer cheese & topped with Pico De Gallo, Jalapenos & diced green onions.*
- CHICKEN QUESADILLA** \$10.75  
*Grilled flour tortilla with chicken. We add sauteed onions, tri-color bell peppers and mixed cheese. Along with a side of salsa & sour cream.*
- PULLED PORK QUESADILLA** \$10.75  
*Grilled flour tortilla with pulled pork. We add sauteed onions, tri-color bell peppers and mixed cheese. Along with a side of salsa & sour cream.*
- CHEESE QUESADILLA** \$6.95  
*Grilled flour tortilla, mixed cheese, served with a side of salsa & sour cream.*
- CORN NUGGETS** \$7.55  
*Deep fried corn nuggets served with ranch, and sweet red chili sauce.*
- PRETZEL BITES** \$7.95  
*Deep fried sea salted pretzel bites served with spicy mustard and our signature homemade beer cheese.*
- FRIED PICKLES** \$5.75  
*Dill pickle chips hand-breaded and fried. Served with our homemade ranch.*
- CHIPS AND BEER CHEESE** \$5.35  
*Tortilla chips with our signature homemade beer cheese. Served with salsa.*
- SOUTH WEST EGG ROLLS** \$7.95  
*Three egg rolls, served with a verde-ranch dipping sauce.*
- ROCK-IN SWEET POTATO FRIES** \$10.75  
*Sweet potato fries covered with pulled pork, fried onions & honey.*
- BASKET OF FRIES OR PUB CHIPS** \$5.00  
*Basket of your choice*
- BASKET OF SWEET POTATO FRIES, ONION RINGS OR TOTS** \$6.00  
*Basket of your choice.*

## THE HIGH COUNTRY'S BEST WINGS

## HAND-PATTIED BURGERS

*Six ounce Burgers lightly seasoned on a toasted bun served with your choice of side. Substitute any burger with a **Black Bean Veggie Patty***

- THE ROCK'S HANGOVER CURE\*** \$11.15  
*Hand pattied 6 oz burger topped with provolone cheese, bacon, hashbrowns, and a fried egg (served over medium or hard or sunny side up).*
- TIM'S DOUBLE PATTY GUT BUSTER** \$14.95  
*Two burger patties topped with three slices of cheddar cheese, crispy fried onions & bacon.*
- BACON CHEDDAR BURGER** \$11.25  
*Hand pattied 6 oz burger topped with cheddar cheese, bacon, lettuce, tomato, sliced onion, and pickle*
- ANGRY BURGER** \$11.25  
*Hand pattied 6 oz burger topped with flash-fried jalapenos and onions, chipotle BBQ sauce, pepper jack cheese, lettuce, tomato and pickle.*
- MUSHROOM SWISS BURGERS** \$10.95  
*Hand pattied 6 oz burger topped with mushrooms, swiss cheese, lettuce, tomato, sliced onion, and pickle.*
- ALL AMERICAN BURGER** \$9.95  
*Hand pattied 6 oz burger topped with American cheese, lettuce, sliced onion, pickle and tomato.*
- PITTS-BURGER** \$11.15  
*Hand pattied 6 oz blackened burger topped with bacon, bleu cheese crumbles, lettuce, tomato, sliced onion, and pickle*

## HANDHELDS

*Includes your choice of one side. Substitute a **Black Bean Veggie Patty** for any Handheld.*

- PATTY MELT** \$10.50  
*Burger patty topped with sauteed onions, swiss cheese, and thousand island dressing and served on toasted marble rye.*
- PHILLY CHEESE STEAK** \$11.95  
*Thin sliced Ribeye Steak topped with provolone cheese, sauteed onions and tri-color bell peppers.*
- CHICKEN PHILLY** \$9.95  
*Chicken topped with provolone cheese, sauteed onions and tri-color peppers.*
- ROCK SLIDERS** \$9.25  
*Three burger sliders topped with a fried onion ring, American cheese, and Kansas BBQ sauce. (DOES NOT INCLUDE A SIDE)*
- BLACKENED SALMON SANDWICH** \$11.95  
*Salmon steak prepared blackened and topped with pickled onion, tomato, and*

## STREET TACOS

*Served with chips and homemade salsa OR a side of your choice*

- GROUND BEEF TACOS** \$9.95  
*Two seasoned beef tacos, topped with lettuce, cheese, and pico de gallo, and homemade Chipotle-Ranch sauce*
- CHICKEN TACOS** \$8.95  
*Two seasoned chicken tacos topped with lettuce, cheese, pico de gallo, and homemade creamy jalapeno aioli.*
- GRILLED FISH TACOS** \$8.95  
*Seasoned flaky grilled whitefish tacos topped with lettuce, pico de gallo, and homemade Chipotle-Ranch sauce.*
- BLACKENED SHRIMP TACOS** \$9.95  
*Two blackened shrimp tacos topped with a homemade cilantro lime slaw, pico de gallo and homemade Chipotle-Ranch sauce.*

## ENTREES

- CENTER CUT SIRLOIN** \$14.25  
*6 oz. center cut served with seasoned grilled Baby Red Potatoes and garlic toast*
- BLACK AND BLUE SIRLOIN** \$17.95  
*6 oz. center cut sirloin prepared blackened and grilled to order topped with melted bleu cheese crumbles. Served with grilled baby red potatoes and garlic parmesan broccoli*
- SIRLOIN STEAK AND SHRIMP** \$21.95  
*6 oz. center cut sirloin grilled to order with sauteed shrimp finished with garlic thyme butter served with grilled baby red potatoes.*
- SHRIMP ALFREDO PASTA** \$15.95  
*A generous portion of pasta topped with our homemade alfredo sauce, shrimp, diced tomatoes, and green onions. Served with a side of garlic toast.*
- CHICKEN CAJUN ALFREDO PASTA** \$11.95  
*A generous portion of pasta topped with our homemade alfredo sauce, blackened chicken, diced tomatoes, and green onions. Served with a side of garlic toast.*
- VEGETARIAN ALFREDO PASTA** \$10.95  
*A generous portion of pasta topped with our homemade alfredo sauce, broccoli, sliced cherry tomatoes, and spinach. Served with a side of garlic toast.*
- GRILLED SALMON: BLACKENED OR GLAZED** \$14.75  
*Salmon steak prepared blackened or bourbon glazed and served with our dill peppercorn aioli, grilled baby red potatoes, and steamed broccoli.*
- SMOTHERED BBQ CHICKEN** \$12.95  
*Grilled Chicken breast smothered*

**Served Bone-In or Boneless with Ranch or Bleu Cheese. Add Carrots or Celery for an additional \$0.50 ~ Each order may be split between**

**TWO sauces ONLY ~**

**BONELESS WINGS - 1/2 Order \$7.50 - 8 count**

**BONELESS WINGS - 1 Full Order - 16 Count \$14.50**

**PRODUCT NOTICE**

*~Due to lack of product Traditional Bone In Wings may be unavailable for an extended time~*

**SALADS**

**BUFFALO CHICKEN SALAD \$10.85**  
*Mixed greens topped with crispy buffalo chicken, bleu cheese crumbles, red onions, cucumber, tomatoes, and croutons*

**CAESAR SALAD \$8.95**  
*Chopped romaine tossed in Caesar dressing and topped with parmesan cheese, cherry tomatoes, and croutons.*

**TRAIL-MIX GRILLED CHICKEN SALAD \$11.85**

*Mixed greens, diced Apples, dried Cranberries, chopped Pecans, Corn Tortilla strips and Fresco cheese crumbles topped with Grilled Chicken and finished with a Cheese Quesadilla. Served with Balsamic Vinaigrette dressing*

**BLACK AND BLUE SALMON SALAD \$12.85**

*Fresh spring mix topped with blackened salmon, bleu cheese crumbles, red onions, cherry tomatoes, and charred corn served with our homemade bleu cheese dressing.*

**STEAK SALAD\* \$13.95**  
*Mixed greens topped with our grilled to order sirloin sliced thin, bleu cheese crumbles, cucumber, tomatoes, red onions and croutons.*

**HOUSE SALAD \$7.25**  
*Mixed greens topped with shredded cheese, cucumber, cherry tomatoes, and croutons.*

**SIDE HOUSE SALAD \$4.95**  
*Mixed greens topped with shredded cheese, cucumber, cherry tomatoes, and croutons.*

*homemade dill peppercorn aioli.*  
**CHICKEN TENDER BASKET \$8.75**

*Four crispy fried chicken tenders served with your choice of dipping sauce.*

**CHICKEN PARMESAN SANDWICH \$10.50**

*Crispy deep fried chicken breast topped with homemade meat marinara and provolone cheese.*

**PULLED PORK BBQ SANDWICH \$9.95**

*Slow-roasted pulled pork topped with our homemade coleslaw and your choice of Kansas or Carolina style BBQ sauce.*

**FISH SANDWICH \$9.95**

*Blackened, fried, or grilled flaky whitefish topped with lettuce, tomato, and tartar sauce.*

**ROCK-IN DELI COLD SANDWICH \$9.95**

*Sliced turkey, ham, bacon, provolone cheese, lettuce, tomato, onion, pickles & mustard served on brioche bun.*

**ROAST BEEF AND SWISS COLD SANDWICH \$9.95**

*Sliced roast beef, swiss cheese and horseradish sauce served on brioche bun.*

**THE BLACK WIDOW \$10.95**

*Thin sliced roast beef with sauteed onions and mushrooms, swiss cheese, and horseradish sauce on toasted marble rye.*

**THE ROCK CLUB \$10.50**

*Thin sliced smoked turkey and ham, Swiss cheese, bacon, lettuce and tomato on toasted wheat berry bread.*

**THE CUBAN \$10.95**

*Slow roasted pulled pork, sliced ham, dill pickles, mustard and Swiss cheese served on a pressed Cuban roll.*

**FRENCH DIP \$11.55**

*Thin sliced roast beef on a hoagie roll with melted provolone cheese. Served with Au jus and horseradish sauce.*

**SIGNATURE CHICKEN SANDWICH \$8.50**

*Marinated chicken breast fried or grilled to order and topped with provolone cheese, lettuce, and tomato.*

**BUFFALO CHICKEN SANDWICH \$10.95**

*Crispy fried chicken tossed in buffalo sauce and topped with blue cheese crumbles, lettuce, tomato, and dill pickles.*

**RANCH CHICKEN WRAP \$10.50**

*Grilled chicken, bacon crumbles, lettuce, tomato, shredded cheese and ranch.*

**GRILLED CHICKEN CAESAR WRAP \$10.50**

*Grilled chicken, romaine lettuce, shredded Parmesan cheese, croutons, and Caesar dressing.*

**BUFFALO CHICKEN WRAP \$10.50**

*Crispy fried chicken tossed in buffalo sauce with pepper jack cheese, lettuce, tomato, and homemade ranch.*

**MORNING STAR - SPICY BLACK BEAN VEGGIE BURGER \$10.50**

*Black Bean Veggie Patty topped with provolone cheese, lettuce, tomato, sauteed onions & ranch.*

*with BBQ sauce, mix cheese, Bacon, diced tomatoes and green onions. Served with Mashed Potatoes & Gravy and seasoned Broccoli*

**GROWN MAN'S MAC N CHEESE \$12.95**

*A generous portion of Mac n cheese, topped with Fried or Buffalo chicken, bacon crumbles, blistered tomatoes, sauteed mushrooms, and bread crumbs.*

**FISH N' CHIPS \$12.75**

*Three flaky whitefish filets beer battered to order and served with a generous portion of fries, tartar sauce, and our homemade coleslaw.*

**DESSERTS**

**BROWNIE SUNDAE \$4.75**

*Hot brownie bites served with ice cream and topped with whipped cream and a cherry on top*

**CHEESCAKE SLICE OF THE DAY \$6.50**

*Flavors change regularly*