



828-386-6050

http://www.boonedelivers.com

Mellow Mushroom - Blowing Rock

-BLOWING ROCK LOCATION-

THIS MENU IS FOR THE BLOWING ROCK LOCATION - PLEASE MAKE SURE YOU ARE ORDERING FROM THE CORRECT RESTAURANT

MUNCHIES

SPINACH ARTICHOKE DIP \$10.00

Fresh sauteed spinach blended with artichokes, mozzarella and parmesan in a creamy sauce topped with shaved parmesan and baked. Served with garlic toast points

PRETZEL BITS \$10.00

Signature Mellow dough, cut into bite sized pieces, finished with garlic butter and parmesan. Served with a side of our Pabst Blue Ribbon beer cheese dip, it's the perfect shareable munchie.

GARLIC CHEESE BREAD \$7.50

French bread topped with melted mozzarella, then baked. Served with a side of Mellow red sauce.

PEPPERONI GARLIC CHEESE BREAD \$8.00

French bread topped with melted Mozzarella and Pepperoni then baked. Served with a side of Mellow Red Sauce

CLOUD NINE WINGS \$16.00

9 Double-baked wings coated in a rich Garlic Parmesan sauce with just a hint of heat. Garnished with Parmesan and Chives, served with Celery, Carrots and choice of Ranch or Bleu Cheese dressing

PRETZELS - HALF ORDER (3\$8.00 CT)

Fresh dough Pretzels basted in your choice of Garlic Butter & Parmesan or Butter & Salt. [Add Beer Cheese for an upcharge]

PRETZELS - WHOLE ORDER \$13.00 (6 CT)

Fresh dough Pretzels basted in your choice of Garlic Butter & Parmesan or Butter & Salt. [Add Beer Cheese for an upcharge]

5CT OVEN ROASTED WINGS \$9.00

Crisp double-baked wings. Choose from Hot, Mild, BBQ, Jerk, Sweet Thai Chili or Naked (Plain). Served with Celery, Carrots and your choice of Ranch or Bleu Cheese dressing.

10CT OVEN ROASTED WINGS \$16.00

Crisp double-baked wings. Choose from Hot, Mild, BBQ, Jerk, Sweet Thai Chili or Naked (Plain). Served with Celery, Carrots and choice of Ranch or Bleu Cheese dressing.

MAGIC MUSHROOM SOUP BOWL (V) \$7.00

A rich, creamy soup flavored with Burgundy wine and herbs. Topped

LARGE GROUP DISCLAIMER

LARGER GROUP ORDERS SERVING MORE THAN 10 PEOPLE MUST BE PLACED SEVERAL HOURS TO 24 HOURS IN ADVANCE - OTHERWISE THERE IS NO GUARANTEE THE RESTAURANT WILL BE ABLE TO FULFILL THE ORDER

CALZONES

Each calzone is handcrafted and baked to order, basted with garlic butter, sprinkled with Parmesan and served with a side of Mellow red sauce

SAUSAGEFEST CALZONE \$16.00

Meatballs, Italian sausage, Genoa salami, Mozzarella, provolone and seasoned ricotta cheeses

VEGGIE CALZONE \$14.00

Stuffed with spinach, mushrooms, Roma tomatoes, Mozzarella, provolone and seasoned ricotta cheeses

STEAK & CHEESE CALZONE \$17.00

Grilled shaved all-natural Ribeye steak with sweet onions, mushrooms, green peppers, Mozzarella, provolone and seasoned ricotta cheeses

CHEESE CALZONE \$12.00

Mozzarella, provolone and seasoned ricotta cheeses

BYO CALZONE \$12.00

Start with a Cheese Calzone and add your favorite ingredients

HOAGIES AND SANDWICHES

Hoagies served on French or multigrain roll with choice of Kettle Chips

CALIFORNIA CLUB \$12.00

in terms of clubs, it doesn't get more Mellow. Served with grilled chicken, roasted tomatoes, Applewood smoked bacon, seasoned smashed Avocado and garlic aioli on multigrain ciabatta

AVOCADO HOAGIE

*Mayo, lettuce, Roma tomatoes, melted Provolone cheese, sweet onions, topped with Avocado slices seasoned in lemon juice, kosher salt and black pepper **Can be made Vegan***

AVOCADO HOAGIE [HALF] \$10.00

AVOCADO HOAGIE [WHOLE] \$17.00

MEATBALL HOAGIE

Seasoned and seared meatballs smothered in Mellow red sauce and topped with melted Mozzarella cheese and Italian seasoning

MEATBALL HOAGIE [HALF] \$10.00

MEATBALL HOAGIE [WHOLE] \$17.00

BUILD YOUR OWN PIZZA

Choice of "Classic" crust or Mellow "Thin" Crust. Customize to your taste with any of the fresh ingredients listed. Base sauce choices include olive oil & garlic, pesto (GF) and Mellow red sauce (GF). *These items are so good they count as two ingredients*

BUILD YOUR OWN 10" \$10.00

****GLUTEN-FREE PIZZAS CAN BE BUILT HERE****

BUILD YOUR OWN 14" \$15.00

BUILD YOUR OWN 16" \$19.00

STONE BAKED PIZZAS

Choice of Classic Crust or Mellow Thin Crust. Our pies are basted with garlic butter and sprinkled with Parmesan cheese. 10" Gluten-Free pizzas are available for an additional \$2.00

MIGHTY MEATY

A carnivorous mix of pepperoni, Italian sausage, ground beef, honey ham and Applewood smoked bacon on top of Mellow red sauce and Mozzarella cheese

MIGHTY MEATY 10" \$17.00

****CAN BE MADE WITH GLUTEN FREE PRODUCTS****

MIGHTY MEATY 14" \$27.00

MIGHTY MEATY 16" \$35.00

GREAT WHITE PIE

An olive oil & garlic base layered with Mozzarella cheese, provolone, seasoned Ricotta, roasted tomatoes, crumbled Feta cheese, fresh Roma tomatoes and sweet onions, finished with fresh chopped Basil

GREAT WHITE 10" \$16.00

GREAT WHITE 14" \$26.00

GREAT WHITE 16" \$34.00

BUFFALO CHICKEN

Made with Mozzarella cheese then layered with Buffalo chicken, caramelized onions and Applewood smoked bacon. Finished with a double swirl of buffalo sauce and your choice of bleu cheese or ranch dressing

BUFFALO CHICKEN 10" \$17.00

BUFFALO CHICKEN 14" \$27.00

BUFFALO CHICKEN 16" \$35.00

HOLY SHIITAKE PIE

An olive oil and garlic base with roasted shiitake, button and Portobello mushrooms, caramelized onions, Mozzarella and creamy MontAmore cheeses. Finished with fresh chives, shaved Parmesan, a garlic aioli swirl and a spritz of black truffle oil

HOLY SHIITAKE 10" \$17.00

HOLY SHIITAKE 14" \$27.00

with Italian MontAmore, grilled shiitake, button and portobello mushrooms, and fresh chives

MEATBALL TRIO \$12.00

Three meatballs served w. melted fresh mozzarella on a bed of red sauce and garnished w. shaved parmesan and basil. Sprinkled w. breadcrumbs.

SALADS

Served with your choice of salad dressing. Extra dressing for \$0.50

THE ELEVATED COBB SALAD \$6.00

A higher order of salad made with antibiotic-free Springer Mountain Farms chicken, Applewood smoked bacon, fresh Avocado, crumbled Bleu cheese and sliced Roma tomatoes on a bed of chopped Romaine lettuce

ENLIGHTENED SPINACH SALAD

Dried cherries, diced apples,

house-made glazed pecans, crumbled Feta cheese on a bed of fresh spinach

LIL ENLIGHTENED SALAD \$8.00

REGULAR ENLIGHTENED SALAD \$14.00

HOUSE SALAD (V)

Spring mix and chopped Romaine lettuce tossed with Roma tomatoes, cucumber, black olives, sweet onions and shaved Parmesan cheese

LIL HOUSE SALAD \$7.00

REGULAR SIDE SALAD \$12.00

CAESAR SALAD (V)

All hail the perfect salad. Freshly chopped Romaine lettuce tossed with all-natural Caesar dressing topped with shaved Parmesan and house-made croutons

LIL CAESAR SALAD \$7.00

REGULAR CAESAR SALAD \$12.00

GREEK SALAD (V)

Roma tomatoes, cucumbers, green peppers, sweet onions, mushrooms, pepperoncini peppers, banana peppers, Kalamata olives and Feta cheese on a bed of chopped Romaine and iceberg lettuce tossed with shredded carrots and red cabbage

LIL GREEK SALAD \$8.00

REGULAR GREEK SALAD \$14.00

DRESSINGS AND SAUCES

SIDE DRESSING \$0.50

Ranch, Signature Esperanza, Bleu Cheese, Balsamic Vinaigrette or Caesar

SIDE BUFFAO SAUCE \$0.50

SIDE BBQ SAUCE \$0.50

SIDE SWEET THAI CHILI \$0.50

SIDE JERK SAUCE \$0.50

SIDE PESTO \$0.50

SIDE RED SAUCE \$0.50

SIDE HOT SAUCE \$0.50

SIDE GARLIC BUTTER \$0.50

SWEETS

GOURMET COOKIES \$3.00

Choose from our Sugar, Peanut Butter with Reese's or Triple Chocolate Chunk cookies

MARY JANE'S TRIPLE \$3.00

CHOCOLATE BROWNIE

No plain Jane brownie here. This one's a buttery chocolate, chewy

STEAK OR CHICKEN & CHEESE

Mayo, lettuce and Roma tomatoes, melted Provolone cheese with choice of grilled, shaved all-natural ribeye steak or teriyaki chicken, grilled onions, mushrooms and green peppers

STEAK & CHEESE [HALF] \$10.00

STEAK & CHEESE [WHOLE] \$17.00

CHICKEN & CHEESE [HALF] \$10.00

CHICKEN & CHEESE [WHOLE] \$17.00

TEMPEH HOAGIE

Balsamic marinated tempeh layered on top of mayo, lettuce, Roma tomatoes and melted Provolone cheese. Finished with grilled onions, mushrooms and green peppers **Can be made Vegan**

TEMPEH HOAGIE [HALF] \$10.00

TEMPEH HOAGIE [WHOLE] \$17.00

ITALIAN HOAGIE

Honey ham, Genoa salami, pepperoni, caramelized onions, fresh Mozzarella cheese and mayo toasted and finished with spring mix tossed in herb vinaigrette sliced Roma tomatoes and chopped fresh Basil

ITALIAN HOAGIE [HALF] \$10.00

ITALIAN HOAGIE [WHOLE] \$17.00

LOCAL TO YOUR MELLOW

Specialty items only found at this location!

JERK CHICKEN HOAGIE

This one is on island time. Enjoy jerk chicken and pineapple topped with mushrooms, onions, green peppers, Provolone cheese, mayo, lettuce and Roma tomatoes

JERK CHICKEN HOAGIE \$10.00

[HALF]

JERK CHICKEN HOAGIE \$17.00

[WHOLE]

PORTOBELLO & CHEESE HOAGIE

Say hello to mushrooms on a roll. Grilled Portobello mushrooms, mayo, Mozzarella cheese, artichoke hearts, roasted tomatoes, spinach and Feta cheese

PORTOBELLO & CHEESE \$10.00

[HALF]

PORTOBELLO & CHEESE \$17.00

THAI DYE PIE

Sweet. Savory. And out of this world. An olive and garlic base, all-natural curry chicken, Mozzarella cheese, Roma tomatoes, onions, topped with fresh basil, cucumbers and a swirl of Thai chili sauce

THAI DYE PIE 10" \$17.00

THAI DYE PIE 14" \$27.00

THAI DYE PIE 16" \$35.00

THE FRESHIES PIE

Breathe this one in. Starts with classic Mellow red sauce and shredded Mozzarella cheese, Roma tomatoes, fresh Mozzarella cheese and topped with fresh basil

FRESHIES PIE 10" \$17.00

FRESHIES PIE 14" \$27.00

FRESHIES PIE 16" \$35.00

HOLY SHIITAKE 16" \$35.00

FUNKY Q CHICKEN

Shredded Mozzarella cheese topped with our signature BBQ chicken, sharp cheddar cheese, caramelized onions and Applewood smoked bacon. To keep it funky, finished with a swirl of BBQ sauce

FUNKY Q CHICKEN 10" \$17.00

FUNKY Q CHICKEN 14" \$27.00

FUNKY Q CHICKEN 16" \$35.00

KOSMIC KARMA

Filled with goodness, this pie starts with Mellow red sauce covered spinach, roasted tomatoes, Mozzarella cheese, fresh Roma tomatoes and crumbled Feta cheese. A hypnotic pesto swirl adds the finishing touch

KOSMIC KARMA 10" \$16.00

**CAN BE MADE WITH GLUTEN

FREE PRODUCTS**

KOSMIC KARMA 14" \$26.00

KOSMIC KARMA 16" \$34.00

PACIFIC RIM

Aloha! Mellow red sauce topped with Mozzarella cheese, honey ham, Applewood smoked bacon, caramelized onions, pineapple and jalapenos for that final kick

PACIFIC RIM 10" \$16.00

PACIFIC RIM 14" \$26.00

PACIFIC RIM 16" \$34.00

VEG OUT

Mellow takes veggies to the max. This pie starts with Mellow red sauce layered with Mozzarella cheese, spinach, green peppers, sliced mushrooms, sweet onions, black olives and Roma tomatoes

VEG OUT 10" \$16.00

**CAN BE MADE WITH GLUTEN

FREE PRODUCTS**

VEG OUT 14" \$26.00

VEG OUT 16" \$34.00

HOUSE SPECIAL

The Ultimate Mellow: red sauce, Mozzarella cheese, topped with pepperoni, Italian sausage, ground beef, honey ham, Applewood smoked bacon, black olives, sliced mushrooms, Roma tomatoes, green peppers, sweet onions and the finishing touch...more Mozzarella cheese

HOUSE SPECIAL 10" \$17.00

**CAN BE MADE WITH GLUTEN

FREE PRODUCTS**

HOUSE SPECIAL 14" \$27.00

HOUSE SPECIAL 16" \$35.00

BUFFALO CHICKEN

Fire up the appetite. This pie is filled with Mozzarella cheese, roasted pork tossed in house-made BBQ sauce, roasted mild poblano peppers and topped with chives and sweet Peppadew peppers. It's finished with garlic butter and Parmesan cheese. The table next to you will be jealous

BUFFALO CHICKEN 10" \$17.00

BUFFALO CHICKEN 14" \$27.00

BUFFALO CHICKEN 16" \$35.00

MAUI WOWIE

The name rhymes. The taste delivers. Enjoy a pesto base with Mozzarella cheese, ham, pineapple, jerk chicken, banana peppers and Applewood smoked

*brownie generously studded with
Hershey's Kisses milk chocolate,
bittersweet and semi-sweet chocolate
chunks*

GLUTEN-FREE BROWNIE \$3.00

*Individually wrapped brownie
baked with cage-free eggs, a blend of
gluten free flour, sustainable
chocolate and ingredients free of
GMOs and artificial additives*

bacon

MAUI WOWIE 10"	\$17.00
MAUI WOWIE 14"	\$27.00
MAUI WOWIE 16"	\$35.00