



828-386-6050

http://www.boonedelivers.com

Melanie's Food Fantasy

BREAKFAST PLATES

**Make these items a burrito or gluten free*

- *Watauga Sunrise Breakfast \$12.65
Two eggs your way, choice of protein, home fries or grits. Melanie's toast with apple butter or grape jelly.
- *Tempeh Scramble \$14.95
*Tempeh, onions, green peppers, mushrooms, tomatoes, and home fries sauteed and scrambled with two eggs. Melanie's toast with apple butter or grape jelly. *Vegan Option*
- Paul's Tempeh Scramble \$14.95
*Tempeh, sun dried tomatoes, mushrooms, spinach, onions, and garlic sauteed the scrambled with local farm eggs and fresh basil. Melanie's toast with apple butter or grape jelly. *Vegan Option*
- Potato Madness \$13.80
*Home fries sauteed with onions, green peppers, and mushrooms, topped with two eggs your way and your choice of cheese. Melanie's toast with apple butter or grape jelly. *Vegan Option*
- Corned Beef Hash \$16.10
Certified Angus corned beef, Mel's home fries, onions, and garlic. With two eggs your way, pickled onions, and Melanie's toast with apple butter or grape jelly.
- Breakfast Burrito \$14.40
Two eggs scrambled with your choice of protein, home fries, onions, green peppers, jalapenos, and cheddar cheese. Topped with Pico and sour cream.
- Daily Quiche \$12.00
Served with your choice of fruit, grits or home fries and Melanie's toast.
- Grits and Greens \$15.60
Melanie's grits, with crumbled bacon, house pickled onions, braised local greens, goat cheese, and two eggs your way. Melanie's toast with apple butter or grape jelly.
- Creole Shrimp and Grits \$18.40
Andouille sausage, shrimp, Creole sauce, served over Melanie's grits. Melanie's toast with apple butter or grape jelly.
- Pimento Cheese Grits \$14.95
Melanie's grits, House made pimento cheese, fresh sliced tomatoes and fresh basil. With two eggs your way and Melanie's toast with apple butter or grape jelly.
- Eggs Benedict \$19.55
Two poached eggs and Canadian bacon on Melanie's bread with Hollandaise. Served with home fries.
- Bacon Avocado Benedict \$20.70
Two poached eggs, cherry smoked bacon and avocado on Melanie's bread, topped with Hollandaise. Served with home fries.

OMELETS

Make any omelet a burrito. Served with choice of home fries or grits and Melanie's toast.

- Western Omelet \$13.80
Canadian bacon, onions, green peppers, tomatoes and cheddar cheese.
- Mexican Omelet \$13.80
Onions, green peppers, jalapenos, tomatoes, cumin, cilantro, and cheddar cheese.
- Herb Omelet \$11.50
Fresh and dried herbs, tomatoes and your choice of cheese.
- *Build Your Own (Omelet or Burrito) \$13.80
Your choice of cheese and three veggies. Served with choice of home fries or grits and Melanie's toast. Add a protein for an upcharge.

PANCAKES, WAFFLES, FRENCH TOAST & GRANOLA

- Melanie's Multigrain Pancakes
- Melanie's Waffle
- Melanie's Fruit Waffle
Our waffle topped with seasonal fruit, yogurt, honey, and cinnamon.
- French Toast \$10.35
Stick Boy French Batard transformed into fabulous French Toast.
- Fresh Fruit & Granola \$10.35
Seasonal fruit with yogurt, homemade granola and honey.
- Stuffed French Toast \$14.95
Our French Toast layered with raspberry cream cheese, topped with strawberries, bananas, and home made raspberry coulis, and whipped cream.

LUNCH BURGERS

**Make these items gluten free. ALL BURGERS INCLUDE LETTUCE & TOMATO*

- *The Melanie's Burger \$13.80
- *Bacon Avocado Burger \$14.95
- *Homemade Veggie \$12.65

MEL'S SANDWICHES

- *Philly \$12.65
Chicken or Tempeh, onion, peppers, mushrooms, Philly sauce, provolone served on Melanie's bread.
- *Caribbean Sammie \$13.80
Chicken or Tempeh, peppers, onions, pineapple, jalapeno, jerk sauce, provolone served on Melanie's bread.
- *Reuben \$12.65
Corn Beef or Tempeh, Kraut, vegan Russian dressing, Swiss cheese served on Stick Boy Rye.
- *BLT + Avocado or Pimiento \$11.50
Garlic and herb aioli served on Melanie's bread.

SALADS

- Melanie's House Salad \$10.35
- Side Salad \$5.75
- Chicken Salad Wrap \$12.65
Our chicken salad wrapped in a tortilla with local mixed greens, tomato and provolone cheese.

BEVERAGES

- Locally Roasted Organic Coffee \$3.00
- Organic Hot Tea \$3.00
- Organic Unfiltered Apple Juice \$3.00
- Orange Juice \$3.00
- Southern Sweet Tea \$3.00
- Unsweet Peach Raspberry \$3.00
- Carrot Juice \$6.00

Eggs DaVinci \$20.70

Two poached eggs, roasted red peppers, artichoke hearts, and fresh spinach on Melanie's bread, topped with Hollandaise. Served with home fries.

BISCUITS

Biscuits & Gravy

Homemade biscuits with your choice of mushroom or sausage gravy.

Trucker Breakfast \$14.95

Biscuit with your choice of gravy, two local farm eggs your way, cheddar cheese and crumbled bacon and served with a side of home fries.

Egg & Cheese Biscuit \$6.90

Egg cooked your way with your choice of cheese. Add a protein for an upcharge.